

Annual Japan Pilgrimage

Every year, usually in May, members of Kokoro Budokai make a pilgrimage to Japan for training and holiday. A full week is spent training at Shinbukan dojo under the watchful eye of Ishido Shizufumi Sensei (8th dan Iaido Hanshi, 8th dan Kendo, Hanshi, 7th dan Jodo Kyoshi). You'll train in an authentic dojo in the Japanese martial art of Muso Shinden Ryu alongside other Japanese and international students. The culmination of training is enjoyed by participation in competition at an all-Japan Taikai.

A second week is given to traveling in Japan visiting historic and cultural sites such as the emperor's palace and gardens in Tokyo, Sengakuji temple (site of the 47 Ronin), the historic Samurai Trail at Nakasendo, Kyoto Castle and Tozando Budo Shop, Snow Monkey Park high in the mountains of Nagano, (Jigokudani Yaen Koen), Mt. Fuji, the Basho at Kokugikan, and many others. We always travel "Japan style" and stay in traditional Japanese ryokans. Travel is made easily with a Japan rail pass. If interested, please inquire on the contact page as travel arrangements must be made at least one month in advance.

Tokyo Imperial Palace and Grounds

<https://www.japan-guide.com/e/e3017.html>

Sengakuji Temple

<https://www.japan-guide.com/e/e3000.html>

Samurai Trail

<https://www.japan-guide.com/ad/nakasendo/>

Kyoto

<https://www.japan-guide.com/e/e3917.html>

Snow Monkey Park

<https://en.jigokudani-yaenkoen.co.jp/>

Mt. Fuji

<https://www.japan.travel/en/fuji-guide/mt-fuji-more-than-a-mountain/>

Basho

<https://www.sumo.or.jp/En/>